

# BULLETIN

The Federal Motor Carrier Safety Administration advised today that they will not delay, as requested by ATA and CVSA, the new Hours-of Service regulations that are scheduled to become effective July 1, 2013. In general these involve:

1. 30 minute break at least every 8 hours.
2. 34-hour re-start must include 2 rest periods from 1:00 am to 5:00 am.
3. Only one 34-hour re-start each week (separated by at least 168 hours).

Past bulletins have discussed these changes in more detail, and I will send more detailed information again as the date draws closer.

Call or write if any questions.

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